



Mam Tor walk

- 1) From Edale station, follow the signs out of the station and follow the road past the National Trust café, and to the junction with the main road. Turn right here, and walk along the road for a while – taking care with possible traffic.
- 2) After a short while, a road branches off on the left, marked with a National Trust sign for Hardenclough Farm. Follow this road for just over half a mile, as it bends and snakes closer to Mam Tor - the big hill in the distance ahead.
- 3) When the gate of the house comes into view ahead, go through the gate to your left – remembering to always leave all gates as you found them. The wooden sign shows you the way to Mam Tor – along the footpath on the right. Go through the next gate, and follow the path.

A short walk with spectacular views across the Peak District, after a challenging climb – all straight from Edale railway station.

Did you know?

Edale is the start of the Pennine Way, the first National Trail in Britain and possibly the most well-known. Opened in April 1965, the way heads out of the Peak District, through Yorkshire, across Northumberland and finishes at Kirk Yetholm in the Scottish Borders – a walk of some 268 miles!

Route details

- Distance** – 4 miles / 6.4 km
- Minimum time** – 3 hours
- Grade** – **Medium** – some uneven paths and challenging climbs
- Map** – OS Landranger 119 / Explorer OL24
- Dog Friendliness** – Must be kept on leads
- Nearest station** – Edale

- 4) Here's where the walk starts to get challenging, as it begins the climb up to Mam Tor. It's also difficult in places because of erosion – and the path bumpy and uneven at times. Take care, and remember to stop whenever you need to for a rest and a drink.
- 5) Go through another gate, and just as the road joins you on the right with a tight bend, take the tighter hairpin bend of the footpath around to the left – and continue to climb to the top of Mam Tor.
- 6) For a while, the path is open on the left side, so take care here, but soon there's a fence on the left. When this path stops climbing, there's an amazing view straight ahead of Hollins Cross and down to Lose Hill – but if you want to get to the summit of Mam Tor, turn right first, and follow the well-laid slab path to the top.
- 7) Once at the summit – marked with an Ordnance Survey trig post - you've got some fantastic views all around the part of the Peak District – known as the Dark Peak, and when you're done, retrace your steps down the slab path to a gate. Go through the gate, and walk along the ridgeway path to Hollins Cross.
- 8) Hollins Cross is marked by a circular stone memorial, and has some equally stunning views. When you're ready to head off, with the wire fence and gate behind you, take the left hand path down the side of Mam Tor. Once again, this path is challenging and uneven – but this isn't a race... take your time and be safe.
- 9) At the fork in the paths, take the right hand track, taking care around the rocks and uneven ground. The path eventually reaches a small gate in a stone wall – go through the gate and across the field, following the obvious path.
- 10) After passing a farm, the path goes over the River Noe, and climbs a bit to reach a small kissing gate in the wall. The gate opens out to the road, so watch out for traffic as you go through it. Turn left and walk carefully along the road and back to Edale station.

